



CASE STUDIES

What points, what strategy, where to emphasize, recommendations, particular approach to a routine or sequences.

ENGLISH

1) Lisa :

- 29 years old.
- Received a massage 1 week ago.
- Had breast cancer, chemotherapy 1 year ago. Lacks feeling in peripheral nerves on feet, emotionally up and down depending on the day, or the time (morning/evening).
- Is a little tired today, and in general feels numb, tired and dizzy.
- Blood tests 3 months ago (cancer-related).
- Goes for walks but is mostly sedentary.
- Had a knee replacement and a bypass heart surgery.
- Reports a general brain fog.

2) Elise :

- 31 years old.
 - 2 kids.
 - Has swollen neck, and stress in both neck, shoulders and lower back.
 - Emotions : good today, good in general.
 - Fatigue in general, some nausea in the morning.
 - Liver cancer.
 - Feeling good emotionally today and in general.
 - Fatigued.
 - Never had reflexology but has been massaged before.
 - Her 4th and 5th vertebrae almost are touching, causing immense pain. Certain positions impact it.
 - Is taking medication taxol, has chemotherapy every 2 weeks.
 - Joint and bone pain.
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